

HOW MUCH TIME?



Name: _____

ACTIVITY SHEET 1

In pairs, complete the activities below. One pair completes the activity for the estimated amount of time while the other times them. Record how long you actually did the activity for and work out the difference between the times in the left column.

ACTIVITY	TIME DOING THE ACTIVITY	DIFFERENCE
Jump for 10 seconds.		
Clap your hands for 20 seconds.		
Hop for 18 seconds.		
Sprint on the spot for 25 seconds.		
Do star jumps for 30 seconds.		



Which activity did you get the closest to the activity time?

