

# HOW MUCH TIME?



Name: \_\_\_\_\_

ACTIVITY SHEET 2

First, convert the activity times into seconds. In pairs, complete the activities below. One pair completes the activity for the estimated amount of time while the other times them. Record how long you actually did the activity for and work out the difference between the times in the left column.

ACTIVITY	CONVERT TO SECONDS	TIME DOING THE ACTIVITY	DIFFERENCE
Jump for 120 milliseconds.			
Clap your hands for 200 milliseconds.			
Hop for 180 milliseconds.			
Sprint on the spot for 0.5 of a minute.			
Do star jumps for 0.2 of a minute.			



Which activity did you get the closest to the activity time?

\_\_\_\_\_

