



**THIS PACK CONTAINS
ONE OUTDOOR LESSON
PER WEEK FOR THE ENTIRE
SCHOOL YEAR.**

Teacher's Guide
Ages 4 - 5: Term 2 Week 7
Independence

LEAFY SHAPES

TEACHER'S NOTES

- Nature's Leaf Hunt: Begin the activity by explaining that the children will embark on a leafy adventure, searching for leaves of different shapes and sizes. If appropriate, give each child a leaf ID sheet. Can they identify any of the leaves they collect? (You can download this from our website).
- Outdoor Exploration: Encourage children to explore the outdoor area and find a variety of leaves. Remind them to choose leaves with interesting shapes and colors. Explore together and assist as needed.
- Leafy Shape Cutting: Once the children have collected their leaves, guide them to a comfortable workspace. Provide child-safe scissors and encourage them to cut the leaves into different shapes. Assist as needed, but promote independence.
- Artistic Collage: Give each child a piece of drawing paper or card. Invite them to arrange their leaf shapes onto the paper, creating their own artistic collage. They can also use crayons or colored pencils to add details.
- Reflection and Sharing: Gather the children to share their leafy shape collages with the group. Encourage each child to talk about the shapes they created, the colors they used, and their favorite parts of their artwork.



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Teacher's Guide
Ages 4 - 5: Term 2 Week 7
Independence

LEAFY SHAPES

TEACHER'S NOTES

- Prep time: 5 minutes
- Activity length: 30 - 40 minute session
- Individual

Equipment: drawing paper / card, child safe scissors, glue and crayons / pencils (optional)

CURRICULUM LINKS: art, science

ACTIVITY DESCRIPTION:

Get creative with this leaf shape adventure! In this activity your class will explore the outdoors, collect leaves, and independently turn them into imaginative designs and patterns on paper.

BENEFITS OF THE ACTIVITY:

- Nature Exploration: Promotes outdoor exploration and observation of natural elements.
- Fine Motor Skills: Develops fine motor skills through cutting and arranging leaves.
- Creativity: Fosters creative expression as children design their own leafy shapes.
- Independence: Encourages independent decision-making, artistic choices and safe use of equipment.

SAFETY PRECAUTIONS:

Supervise the children closely during the activity to ensure their safety and well-being. Remind them to handle scissors carefully and follow instructions.

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Teacher's Guide
Ages 4 - 5: Term 2 Week 8
Independence

EARLY JOURNALS

TEACHER'S NOTES

- Nature Walk and Observation: Begin the activity by explaining that you'll be going on a special nature walk together. Encourage the children to use their senses to observe and discover the natural world around them. Get them to name our 5 senses.
- Independent Journaling: Distribute clipboards or flat surfaces with drawing paper to each child. Explain that they will use these to create their own nature journals during the walk. Children can draw pictures and write simple words to describe what they see and experience. You could also let them choose natural items to stick in their journals.
- Exploring and Recording: As you walk, pause at different points and encourage children to stop, observe, and journal their findings. Prompt them with questions like:
 - "What do you see?"
 - "How does it feel?"
 - "What colors do you notice?"
- Creative Expression: Allow children to express themselves creatively in their journals. They can use crayons, markers, tape to stick things in, or colored pencils to add colors, shapes, and natural decorations.
- Reflection and Sharing: At the end of the nature walk, gather the children and provide a space for them to share their journals. Encourage each child to talk about their favorite part of the walk and what they recorded in their journal.



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Teacher's Guide
Ages 4 - 5: Term 2 Week 8
Independence

EARLY JOURNALS

TEACHER'S NOTES

- Prep time: 10 minutes
- Activity length: 30 minutes
- Individual

Equipment: Clipboards or flat surfaces for journaling, drawing paper or journal sheets, crayons, markers, or colored pencils & tape.

CURRICULUM LINKS: art, literacy

ACTIVITY DESCRIPTION:

Journaling can be a joy for children and adults! For this session your class will embark on a nature walk, observe the wonders of the outdoors, and create their own unique journals.

BENEFITS OF THE ACTIVITY:

- Nature Connection: Engages children in observing and connecting with the natural environment.
- Fine Motor Skills: Develops fine motor skills through drawing and writing.
- Creative Expression: Fosters creative expression as children illustrate their observations.
- Independence: Promotes independent exploration and recording of personal experiences.

SAFETY PRECAUTIONS:

Supervise the children closely during the outdoor activity to ensure their safety and well-being. Remind them to follow outdoor rules and stay together as a group.

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Teacher's Guide
Ages 4 - 5: Term 2 Week 5
Reflection

MINDFUL MOMENTS

TEACHER'S NOTES

- Prep time: 0-5 minutes
- Activity length: 30 minute sessions
- Individual

Equipment: meditation script

CURRICULUM LINKS: PSHE

ACTIVITY DESCRIPTION:

For this lesson your class will use their senses to connect with the beauty of nature! In this calming activity children will go on a listening walk to sharpen their senses, followed by a peaceful guided meditation led by you, the adult.

BENEFITS OF THE ACTIVITY:

- Mindfulness: Introduces children to mindfulness through guided meditation and sensory focus.
- Relaxation: Provides a calming and relaxing experience that can help reduce stress and anxiety.
- Nature Connection: Deepens children's appreciation for the sensory details of the natural world.
- Reflection: Encourages thoughtful reflection on the meditation experience and sensory perceptions.

SAFETY PRECAUTIONS:

Supervise the children closely during the outdoor activity to ensure their safety and well-being. Remind them to move around gently and mindfully.



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Teacher's Guide
Ages 4 - 5: Term 2 Week 2
Reflection

MINI-EXPLORERS

TEACHER'S NOTES

- Magnifying Glass Discussion: Begin the lesson by gathering the children and introducing the magnifying glasses. Discuss with them what a magnifying glass does and how to use one. You can say:
 - "A magnifying glass makes things look bigger and helps us see tiny details."
 - "Hold the magnifying glass close to the object you want to look at and focus on it."
- Nature Exploration Setup: Explain that today, we will be "Mini Explorers" using our magnifying glasses to explore the outdoor space. Encourage the children to use their magnifying glasses to examine natural items such as leaves, insects, rocks, and flowers.
- Guided Exploration: Lead the children on a guided exploration of the outdoor area. Point out different natural elements and encourage them to use their magnifying glasses to observe closely. For example, show them a leaf and ask: "What do you see when you look at this leaf up close?"
- Independent Exploration: Allow the children to explore on their own, using their magnifying glasses to investigate various objects. Provide magnifying glasses to each child or pair them up to share.
- Discovery Sharing: Gather the children together, asking them to bring one item they found particularly interesting. Invite them to share their discoveries. Ask questions like:
 - "What did you find most interesting?"
 - "Did you see any tiny insects or patterns you didn't notice before?"
- Nature's Wonders Discussion: Engage the children in a discussion about the tiny details they observed and how these contribute to nature's beauty.



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Teacher's Guide
Ages 4 - 5: Term 2 Week 6
Independence

NATURE'S TRACING TREASURES

TEACHER'S NOTES

- Nature's Collect and Trace: Begin the activity by explaining that each child will become a nature detective, searching for interesting items to collect and trace. Give each child a clipboard with a piece of drawing paper attached.
- Outdoor Exploration: Encourage children to explore the outdoor area and find natural objects they'd like to trace, such as leaves, flowers, twigs, or stones. Remind them to handle items gently and with care.
- Tracing Imprints: Once the children have collected their items, guide them to place an object on their drawing paper and carefully trace its outline using crayons or pencils. Assist as needed, but encourage independence.
- Creative Expression: After tracing, invite the children to use their imagination to add details or decorations to their imprints. They can color them, add patterns, or even create a little scene around the imprint.
- Sharing and Reflection: Gather the children and provide a space for them to share their traced imprints with the group. Encourage each child to talk about the item they traced and what inspired their creative additions.



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Teacher's Guide
Ages 4 - 5: Term 2 Week 6
Independence

NATURE'S TRACING TREASURES

TEACHER'S NOTES

- Prep time: 5 minutes
- Activity length: 30 - 40 minute session
- Individual

Equipment: pencils / crayons, paper, natural items and clipboards.

CURRICULUM LINKS: art, science

ACTIVITY DESCRIPTION:

In this week's session, your class will explore the outdoors, collect unique items, and independently create imprints of their finds on paper.

BENEFITS OF THE ACTIVITY:

- Nature Exploration: Encourages outdoor exploration and observation of natural items.
- Fine Motor Skills: Develops fine motor skills through tracing and coloring.
- Creative Expression: Fosters creativity as children personalize their imprints.
- Independence: Promotes independent decision-making and creative expression.

SAFETY PRECAUTIONS:

Supervise the children closely during the outdoor activity to ensure their safety and well-being. Remind them to handle natural items gently and follow outdoor rules.

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Teacher's Guide
Ages 4 - 5: Term 2 Week 4
Reflection

OUTDOOR STORY CIRCLE

TEACHER'S NOTES

- This session is best done in 2x 20 minute lessons as it requires children to be seated for a large part of the session. The session can simply be repeated using different discussion questions.
- Nature's Collect and Connect: Begin the activity by explaining that everyone will become nature explorers on a mission to find something interesting from the outdoor area. Give your class a few minutes to discover and collect their chosen item.
- Reflective Gathering: Once all the children have collected their items, gather them in a circle. Begin a reflective discussion by asking open-ended questions related to their nature experiences. For example:
 - "What did you find, and why did you choose it?"
 - "How did you feel while exploring and finding your item?"
 - "Did you discover something new about nature today?"
- Sharing Circle: Invite each child to share their chosen item and their thoughts with the group. Encourage active listening and positive feedback from peers.
- Nature's Reflection: Lead a reflective moment by asking deeper questions that encourage children to think about their personal connections and experiences with nature. For example:
 - "When you look at your item, does it remind you of a special nature moment?"
 - "How does your item make you feel about being outside and exploring?"
 - "What other adventures would you like to have with nature?"
- Finish the session with a minute sat in silence listening to the sounds of nature.

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Teacher's Guide
Ages 4 - 5: Term 2 Week 4
Reflection

OUTDOOR STORY CIRCLE

TEACHER'S NOTES

- Prep time: 0-5 minutes
- Activity length: 2x 20 minute sessions
- Individual

Equipment: discussion prompts sheet

CURRICULUM LINKS: PSHE

ACTIVITY DESCRIPTION:

In this session we will explore our personal experiences with nature. Your class will set off on a mini-adventure to collect interesting items from the outdoors and then come together to reflect and share their nature stories.

BENEFITS OF THE ACTIVITY:

- Nature Exploration: Engages children in outdoor discovery and collecting unique items.
- Reflective Thinking: Develops reflective thinking as children share their feelings, thoughts, and experiences.
- Communication Skills: Encourages expressive communication and active listening during sharing.

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Teacher's Guide
Ages 4 - 5: Term 2 Week 5
Reflection

MINDFUL MOMENTS

TEACHER'S NOTES

- Meditation Script Example

Find a comfortable spot to sit down, either on the soft blanket or directly on the ground. Close your eyes gently, like you're giving your eyes a little rest.

Let's begin by taking a big, deep breath in through our noses, filling our bellies with air, and then slowly exhaling out through our mouths. Feel how your breath is like a gentle breeze, soothing and calming.

Now, as we sit here, let's focus our attention on our sense of touch. Feel the ground beneath you, supporting you like a gentle hug from nature itself. Imagine you're lying on a bed of soft grass, feeling the warmth of the sun on your skin. Can you feel how cozy and safe it is?

Next, let's turn our attention to our sense of hearing. Listen carefully to the sounds around us. Can you hear the gentle rustle of leaves, like they're whispering secrets to each other? Can you hear the distant chirping of birds, as if they're singing a sweet melody just for you? Take another deep breath in and slowly exhale.

As we continue our journey, imagine you stumble upon a little stream. Dip your fingers into the cool, clear water. Feel the gentle ripples tickling your skin. You can even imagine tasting the pure, refreshing water. How does it taste? Take a deep breath in and slowly exhale.

Now let's continue our journey by using our sense of smell. Take a moment to reflect on the beautiful scents around you. Can you smell the fresh air, the earthy scent of the ground, or the sweet fragrance of flowers? Take another deep breath in and slowly exhale.

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Teacher's Guide
Ages 4 - 5: Term 2 Week 5
Reflection

MINDFUL MOMENTS

TEACHER'S NOTES

- Nature's Listening Walk: Begin the activity by explaining that you're going on a special walk where you'll focus on listening carefully to the sounds of nature. Encourage children to walk quietly, paying attention to the different sounds around them.
- Sound Exploration: As you walk, pause at different spots and guide the children to listen closely. Ask questions like:
 - "What do you hear? Can you name the sounds?"
 - "Are the sounds loud or soft? Can you hear anything far away?"
- Guided Meditation Setup: Find a comfortable spot to sit in a circle. You can spread a soft blanket or cushion to create a cozy meditation space. Explain that you'll guide them in a calming meditation that uses their senses.
- Meditation: Lead a simple guided meditation that encourages children to focus on their senses. Use imagery and gentle prompts to guide their attention to what they feel, hear, and imagine. For example, "Imagine you're lying on soft grass, feeling the warmth of the sun on your skin..."
- Reflective Moment: After the meditation, gather the children and have a reflective discussion. Ask questions like:
 - "What did you imagine during the meditation?"
 - "Did you feel when you closed your eyes and focused on your senses?"
 - "Did you notice anything new or different about nature during the meditation?"

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THAT'S 38 WEEKS OF OUTDOOR LEARNING SESSIONS!

Teacher's Guide
Ages 4 - 5: Term 2 Week 3
Reflection

MINI-EXPLORERS

TEACHER'S NOTES

- Prep time: 0-5 minutes
- Activity length: 30 - 45 minutes
- Individual / pairs

Equipment: magnifying glasses

CURRICULUM LINKS: science

ACTIVITY DESCRIPTION:

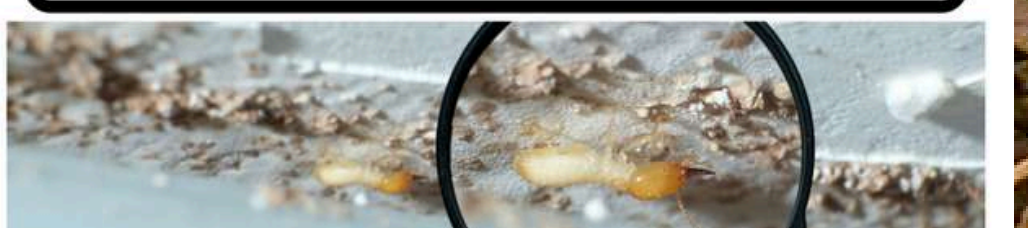
Get ready for a fascinating outdoor adventure as we use our magnifying glasses to explore the natural world using magnifying glasses.

BENEFITS OF THE ACTIVITY:

- Observation Skills: Develops keen observation skills as children explore the natural world.
- Curiosity and Discovery: Fosters a sense of curiosity and wonder about the natural world.
- Scientific Exploration: Introduces basic scientific concepts of observation and investigation.
- Reflection: Promotes reflective thinking as children discuss their discoveries, nurturing a deeper connection to and understanding of the natural world.

SAFETY PRECAUTIONS:

Supervise the children closely during the outdoor activity to ensure their safety and well-being. Remind them to be gentle with nature while exploring.



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Teacher's Guide
Ages 4 - 5: Term 2 Week 3
Reflection

MINI-EXPLORERS

TEACHER'S NOTES

- Prep time: 0-5 minutes
- Activity length: 30 - 45 minutes
- Individual / pairs

Equipment: magnifying glasses

CURRICULUM LINKS: science

ACTIVITY DESCRIPTION:

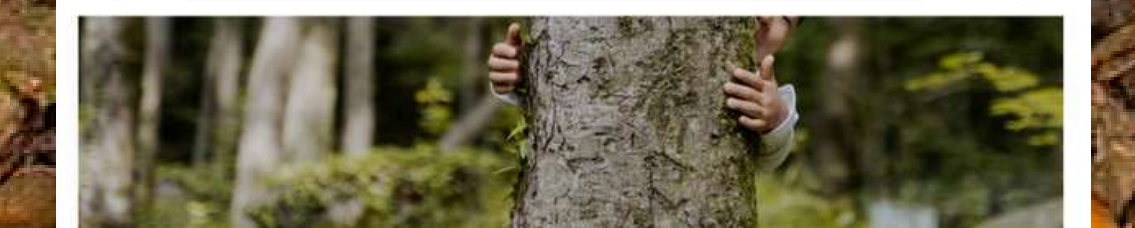
Get ready for a fascinating outdoor adventure as we use our magnifying glasses to explore the natural world using magnifying glasses.

BENEFITS OF THE ACTIVITY:

- Observation Skills: Develops keen observation skills as children explore the natural world.
- Curiosity and Discovery: Fosters a sense of curiosity and wonder about the natural world.
- Scientific Exploration: Introduces basic scientific concepts of observation and investigation.
- Reflection: Promotes reflective thinking as children discuss their discoveries, nurturing a deeper connection to and understanding of the natural world.

SAFETY PRECAUTIONS:

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Teacher's Guide
Ages 4 - 5: Term 2 Week 3
Reflection

MINI-EXPLORERS

TEACHER'S NOTES

- Prep time: 0-5 minutes
- Activity length: 30 - 45 minutes
- Individual / pairs

Equipment: magnifying glasses

CURRICULUM LINKS: science

ACTIVITY DESCRIPTION:

Get ready for a fascinating outdoor adventure as we use our magnifying glasses to explore the natural world using magnifying glasses.

BENEFITS OF THE ACTIVITY:

- Observation Skills: Develops keen observation skills as children explore the natural world.
- Curiosity and Discovery: Fosters a sense of curiosity and wonder about the natural world.
- Scientific Exploration: Introduces basic scientific concepts of observation and investigation.
- Reflection: Promotes reflective thinking as children discuss their discoveries, nurturing a deeper connection to and understanding of the natural world.

SAFETY PRECAUTIONS:

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Teacher's Guide
Ages 4 - 5: Term 2 Week 3
Reflection

MINI-EXPLORERS

TEACHER'S NOTES

- Prep time: 0-5 minutes
- Activity length: 30 - 45 minutes
- Individual / pairs

Equipment: magnifying glasses

CURRICULUM LINKS: science

ACTIVITY DESCRIPTION:

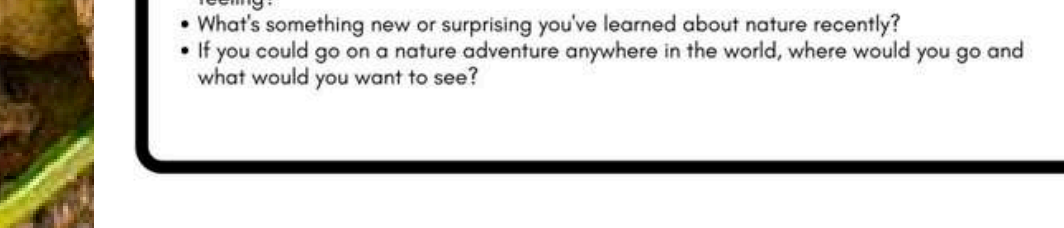
Get ready for a fascinating outdoor adventure as we use our magnifying glasses to explore the natural world using magnifying glasses.

BENEFITS OF THE ACTIVITY:

- Observation Skills: Develops keen observation skills as children explore the natural world.
- Curiosity and Discovery: Fosters a sense of curiosity and wonder about the natural world.
- Scientific Exploration: Introduces basic scientific concepts of observation and investigation.
- Reflection: Promotes reflective thinking as children discuss their discoveries, nurturing a deeper connection to and understanding of the natural world.

SAFETY PRECAUTIONS:

Supervise the children closely during the outdoor activity to ensure their safety and well-being. Remind them to be gentle with nature while exploring.



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MUD-TASTIC
PIE PLAY!



Teacher's Guide

Ages 4 – 5: Term 1 Week 1

Creativity

– Prep time: 10 – 15 minutes

– Activity length: 30 – 45 minutes

– Individual / pairs

Equipment: mud or soil, shallow containers or tins, natural materials, & a water source.

CURRICULUM LINKS: motor skills, counting, instructions

ACTIVITY DESCRIPTION:

Welcome to the delightful world of mud pie making! This hands-on outdoor activity encourages creativity, sensory exploration, and teamwork among young learners. Children will have a blast getting their hands dirty while creating their own unique mud pies.

BENEFITS OF THE ACTIVITY:

- Sensory Exploration: Mud play stimulates the senses, helping children develop their tactile and sensory skills.
- Creativity: Encourages imaginative play as children design and decorate their own mud pies.
- Teamwork: Promotes cooperation and communication as children engage in a group activity together.

SAFETY PRECAUTIONS:

Closely supervise children during the activity to ensure safe play and help them avoid hazardous areas. Remind them not to throw mud or engage in rough play that could harm others.



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NATURE
COLLAGE



Teacher's Guide

Ages 4 – 5: Term 1 Week 4

Creativity

– Prep time: 10 minutes

– Activity length: 45 – 60 minutes

– Pair / group

Equipment: A1 sized paper, paint brushes, sponges, natural materials, glue sticks, scissors and aprons or old clothes.

CURRICULUM LINKS: motor skills, art, science

ACTIVITY DESCRIPTION:

Welcome to the wonderful world of nature collages! This large-scale art activity sparks imagination as children go on a creative journey to make a nature collage on A1 paper. This activity is best done in pairs or groups of 3 or 4.

BENEFITS OF THE ACTIVITY:

- Creativity and Expression: Fosters artistic expression and creativity using natural materials to create unique collages.
- Nature Connection: Encourages a deeper appreciation for nature and the beauty of the outdoors.
- Fine Motor Skills: Improves fine motor skills as children handle the natural materials and use glue to attach them.

SAFETY PRECAUTIONS:

Supervise the children closely during the nature walk and collage creation to ensure they are handling the materials safely and respectfully. Provide guidance on glue use to avoid accidental spills.



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ROCK
PAINT
PARTY!



Teacher's Guide

Ages 4 – 5: Term 1 Week 3

Creativity

– Prep time: 10 minutes

– Activity length: 30 – 45 minutes

– Individual

Equipment: smooth pebbles, paint, paint brushes, water, paper towels and aprons or old clothing

CURRICULUM LINKS: motor skills, art, history

ACTIVITY DESCRIPTION:

Welcome to the exciting world of rock painting! This fun and creative activity will engage 4-5-year-olds in a hands-on painting experience, encouraging them to imagine how it all began over 10,000 years ago. Children will explore their artistic flair as they transform ordinary rocks into colorful masterpieces using paint and inspiration from nature.

BENEFITS OF THE ACTIVITY:

- Creative Expression: Encourages artistic expression and creativity through painting and design.
- Fine Motor Skills: Improves fine motor skills as children handle the paintbrushes and paint the rocks.
- Historical Awareness: Teaches children about some of the earliest forms of art and storytelling.

SAFETY PRECAUTIONS:

Supervise the children closely during the painting session to prevent paint spills or accidental ingestion. Provide water and paper towels for quick and easy cleanup after the activity.



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TWIGGY
TREES



Teacher's Guide

Ages 4 – 5: Term 1 Week 5

Creativity

– Prep time: 10 minutes

– Activity length: 45 – 60 minutes

– Individual

Equipment: sticks with multiple branches, assorted tissue paper (cut into squares), scissors, pot of soil (for display – optional).

CURRICULUM LINKS: motor skills, art, science

ACTIVITY DESCRIPTION:

This delightful art activity will spark children's creativity as they embark on a nature-inspired adventure to craft beautiful trees using twigs and tissue paper. Children will explore the wonders of nature and express their artistic flair while creating these charming tree masterpieces.

BENEFITS OF THE ACTIVITY:

- Creativity and Imagination: Encourages artistic expression and imaginative play as children create their own unique trees.
- Nature Connection: Develops appreciation for nature's beauty and the use of natural materials in art.
- Fine Motor Skills: Improves fine motor skills as children handle twigs and tissue paper, applying glue with precision.

SAFETY PRECAUTIONS:

Supervise the children closely during the activity to prevent any accidental poking with the twigs. Encourage careful use of glue to avoid spills. Wash hands after touching sticks.



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ROCK
PAINT
PARTY!



Teacher's Guide

Ages 4 – 5: Term 1 Week 3

Creativity

TEACHER'S NOTES

- Set Up the Rock Decorating Station: Prepare a comfortable area for the activity. Lay down protective materials such as plastic sheets or newspapers to keep the workspace tidy. Place paint, brushes, and other materials on a table where each child can easily access them. Hide the pebbles around your outdoor space.
- Introduce the Activity: Gather the children around the rock decorating station to introduce the activity. Ask them how they think early humans shared stories. Have they heard of cave painting? Why might people have done this? Explain that they will become little artists and paint their rocks with their favorite colors and designs inspired by the nature around them. Encourage them to let their creativity flow and create unique rock artworks.
- Go on a nature walk. What can they see? What can they hear?
- Rock Selection: Get the children to go on a scavenger hunt for their rock which they'll paint.
- Painting Fun: Provide each child with a paint palette or small containers of paint and a paintbrush. Let them dip their brushes into the paint and start decorating their rocks. There are no rules in this art party—children are free to experiment with different colors and patterns. They might want to draw something they saw on the nature walk, just like the early humans would have done.
- Drying Time: Allow the painted rocks to dry for a little while. While waiting, you can engage the children in a quick storytelling session or a nature-themed game to keep them entertained.
- Rock Showcase: Once the rocks are dry, gather the children together for a rock showcase. Let each child present their painted rocks to the group, sharing the inspiration behind their designs and what their rock represents to them.



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MUD-TASTIC
PIE PLAY!



Teacher's Guide

Ages 4 – 5: Term 1 Week 1

Creativity

TEACHER'S NOTES

- Set Up the Mud Pie Station: Choose a safe and suitable outdoor location for the activity. Ensure it's an area with mud or soil where the children can freely explore and create. Prepare the tins / containers and ensure there are natural materials nearby for the children to collect.
- Explain the Activity: Gather the children around the mud pie station and explain the activity. Encourage them to use their imagination and creativity to design their own mud pies. Let them know they can decorate their pies using natural materials they find around the area.
- Mold and Decorate: Allow the children to start making their mud pies. Let them scoop the mud into the containers and pat it down to form the crust. They can use their fingers or sticks to create patterns on the pies. After molding the base, they can add leaves, flowers, and pebbles as toppings to make their pies even more delightful.
- Mud Pie Showcase: Once everyone has finished making their mud pies, gather the children in a circle. Each child can proudly present their mud pie to the group, describing the unique ingredients they used and the story behind it.
- Clean Up: After the showcase, guide the children in cleaning up the area. Assist them in washing their hands and any tools they used during the activity.



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A TEACHER'S GUIDE IS
PROVIDED FOR EACH
SESSION ALONG WITH ANY
ACTIVITY SHEETS NEEDED.

MINI-EXPLORER

Teacher's Guide

Ages 4 - 5: Term 2 Week 2
Reflection

- Prep time: 0-5 minutes
- Activity length: 30 - 45 minutes
- Individual / pairs

Equipment: magnifying glasses

CURRICULUM LINKS: science**ACTIVITY DESCRIPTION:**

Get ready for a fascinating outdoor adventure as we become "Mini Explorers" with magnifying glasses in hand! In this activity your class will delve into the details of the natural world using magnifying glasses.

BENEFITS OF THE ACTIVITY:

- Observation Skills: Develops keen observation close.
- Curiosity and Discovery: Fosters a sense of curiosity world.
- Scientific Exploration: Introduces basic scientific investigation.
- Reflection: Promotes reflective thinking as children deeper connection to and understanding of the

SAFETY PRECAUTIONS:

Supervise the children closely during the outdoor being. Remind them to be gentle with nature while



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NATURE'S HOME BUILDERS

Teacher's Guide

Ages 4 - 5: Term 2 Week 10
Independence

- Prep time: 5 minutes
- Activity length: 45 minutes
- Individual

Equipment: natural items (leaves, sticks, pinecones etc.), scissors & string

CURRICULUM LINKS: science, design & technology**ACTIVITY DESCRIPTION:**

In this outdoor session, children will learn about animal habitats and use their imagination to construct pretend homes for our wonderful friends. It helps them to connect with local wildlife as well as consider what might be important for different animals.

BENEFITS OF THE ACTIVITY:

- Nature Education: Enhances children's understanding of different animal habitats and their importance.
- Creative Thinking: Stimulates imaginative thinking as children design unique animal homes.
- Fine Motor Skills: Develops fine motor skills through handling and manipulating natural materials.
- Independence: Encourages independent decision-making and artistic expression.

SAFETY PRECAUTIONS:

Supervise the children closely during the activity to ensure their safety and well-being. Remind them to handle natural materials with care and follow outdoor rules.



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- **Leafy Shape Cutting:** Once the children have collected their leaves, guide them to a comfortable workspace. Provide child-safe scissors and encourage them to cut the leaves into different shapes. Assist as needed, but promote independence.
- **Artistic Collage:** Give each child a piece of drawing paper or card. Invite them to arrange their leaf shapes onto the paper, creating their own artistic collage. They can also use crayons or colored pencils to add details.
- **Reflection and Sharing:** Gather the children to share their leafy shape collages with the group. Encourage each child to talk about the shapes they created, the colors they used, and their favorite parts of their artwork.



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**EASY TO USE
DIGITALLY**

SENSORY SCAVENGER SAFARI



Teacher's Guide
Ages 4 - 5: Term 4 Week 9
Independence

- Prep time: 5 minutes
- Activity length: 30 minutes
- Individual

Equipment: scavenger hunt checklist,
baskets or bags for collecting

CURRICULUM LINKS: Science

ACTIVITY DESCRIPTION:

This week is another sensory based session. Students will go on a sensory-themed scavenger hunt. "Sensory Scavenger Safari" encourages independence, sensory awareness, and a deep connection with the natural world.

BENEFITS OF THE ACTIVITY:

- Independence: Promotes independence as children search for items on their own.
- Sensory Awareness: Enhances sensory awareness and observation skills.
- Nature Connection: Fosters a deeper connection with nature through sensory exploration.

SAFETY PRECAUTIONS:

Ensure the scavenger hunt area is safe, free from hazards, and appropriate for young children. Supervise them closely during the outdoor activity to ensure their safety and well-being.

EXAMPLE LESSON 1

SENSORY SCAVENGER SAFARI



Teacher's Guide
Ages 4 - 5: Term 4 Week 9
Independence

TEACHER'S NOTES

- Begin by discussing the importance of our senses in experiencing and understanding nature. Explain how animals use their senses for survival. For example, whales use sound to communicate over vast distances across the ocean.
- Independent Scavenger Hunt: Distribute the checklists and baskets to the children. Explain that they will be searching for items in nature that match the descriptions on their lists. It can be helpful to go through the list with them first. Encourage them to explore independently, using their senses to identify items. Remind them of safety guidelines.
- Reflective Sharing: After the scavenger hunt, gather the children and have a reflective sharing session. Ask each child to share their sensory discoveries. What did they find? How did each item feel, smell, or sound?



EXAMPLE LESSON 1

SENSORY SCAVENGER SAFARI



Checklist

Something Rough



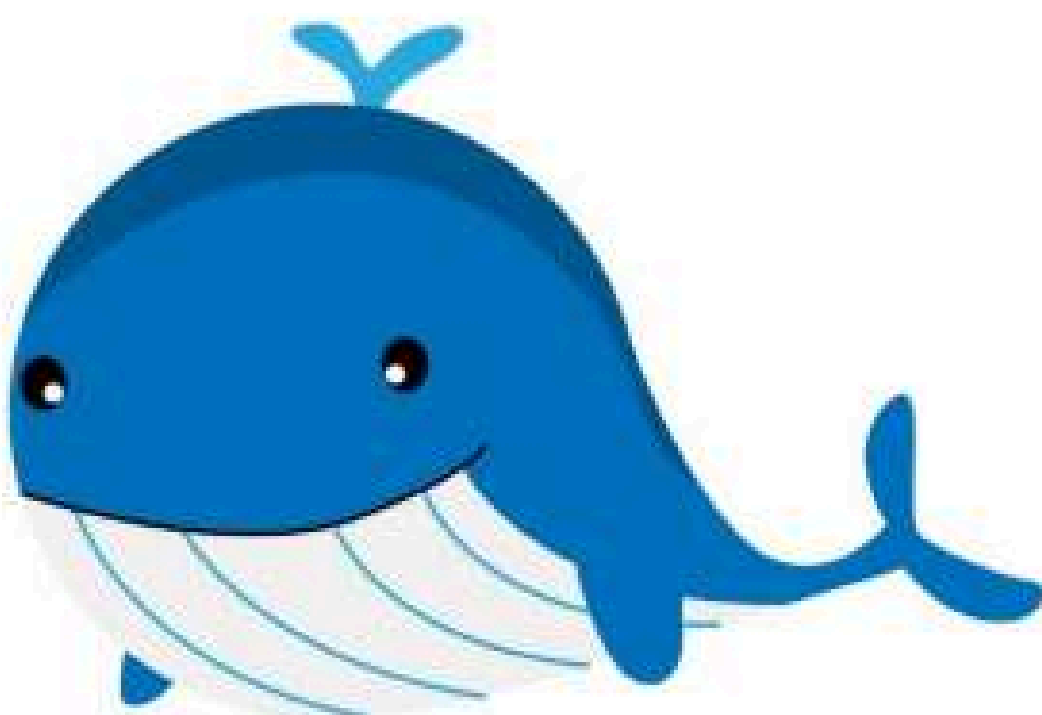
Something Smooth



Something Soft



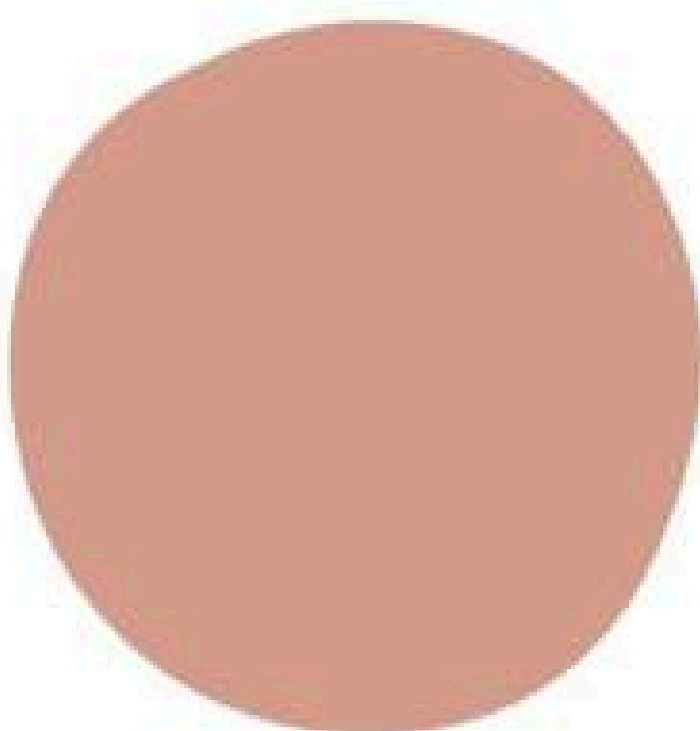
Something Big



Something Small



Something Round



Something You Can
Hear



Something That
Makes You Happy



Something Green



EXAMPLE LESSON 1

