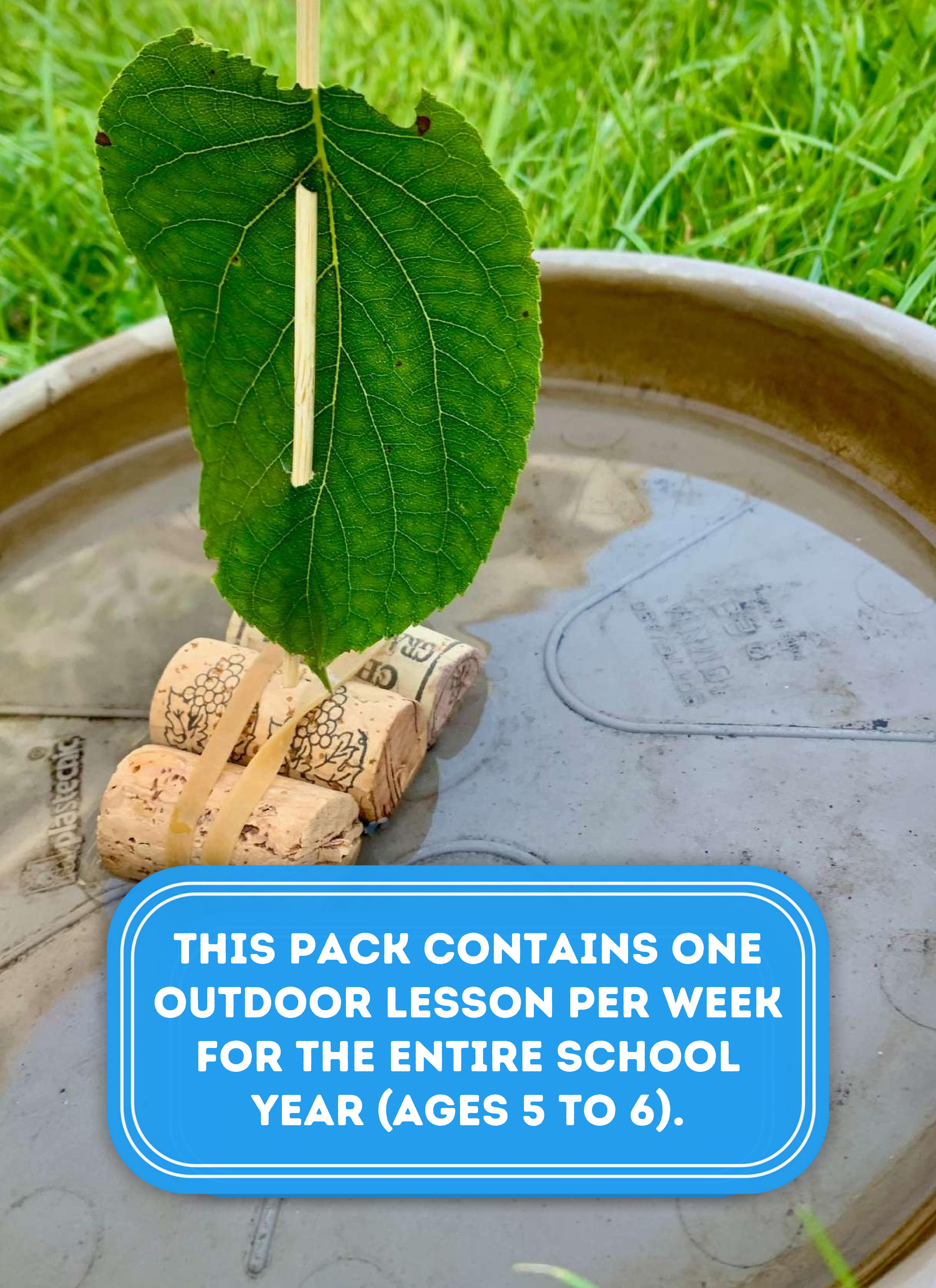


A photograph showing a green leaf held vertically by a wooden stick. The leaf is positioned over a shallow tray containing water. Several cork bottle caps are floating in the water. The background is a blurred green lawn. A blue rounded rectangle with white text is overlaid at the bottom of the image.

**THIS PACK CONTAINS ONE
OUTDOOR LESSON PER WEEK
FOR THE ENTIRE SCHOOL
YEAR (AGES 5 TO 6).**

THAT'S 38 WEEKS OF OUTDOOR LEARNING SESSIONS!

NATURE'S BUOYANCY



Teacher's Guide
Ages 5 - 6: Term 2 Week 7
Independence

- Prep time: 5 minutes
- Activity length: 30 - 40 minutes
- Individual / groups

- Equipment: bucket of water (one per group), natural items, & the record sheets.

CURRICULUM LINKS: science

ACTIVITY DESCRIPTION:

In this week's outdoor lesson, students will become explorers of buoyancy as they investigate which items from nature float and which sink. They'll engage in hands-on discovery, collecting items and making exciting observations.

BENEFITS OF THE ACTIVITY:

- Children actively explore the concept of buoyancy through experimentation.
- They develop self-reliance and critical thinking skills while making predictions and conducting experiments.
- Children practice making predictions, recording observations, and drawing conclusions.

SAFETY PRECAUTIONS:

- Ensure appropriate adult supervision near the water source to prevent accidental slips or falls, and guide children in safe exploration.
- Be aware of potential hazards in the outdoor environment, such as sharp rocks or thorns.
- Emphasize the importance of handwashing after handling items from the water source.



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Teacher's Guide
Ages 5 - 6: Term 2 Week 7
Independence

Name: _____

Record Sheet

BOAT OR SINK

that are excellent
about what makes
as about
their critical

t on water while

natural items to

at or sink before

results (optional).
two different piles

where children
at while others



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EACH SESSION COMES WITH
A TEACHER'S GUIDE AND THE
ACTIVITY SHEETS YOU'LL
NEED.

HAPA ZOME



Teacher's Guide

Ages 5 - 6: Term 1 Week 4

Creativity

- Prep time: 10-15 minutes
- Activity length: 30- 40 minutes
- Individual

- Equipment: a variety of flowers, plants and leaves, white fabric or plain white T-shirts, hammers or mallets (child safe) and plastic sheets or cloth.

CURRICULUM LINKS: art, science

ACTIVITY DESCRIPTION:

In this session, children will go on a captivating journey into the world of Hapa Zome art. They will use the vibrant colors found in nature to create stunning, eco-friendly artworks.

BENEFITS OF THE ACTIVITY:

- Encourages creativity through natural artistry.
- Promotes outdoor exploration and appreciation of nature's colors.
- Enhances fine motor skills through the gentle tapping technique.
- Connects children with the beauty of the natural world.

SAFETY PRECAUTIONS:

- Ensure children are aware of potential hazards during the nature walk, such as uneven terrain.
- Supervise the walk to maintain safety and guide them in respectful plant collecting.
- Use child-safe hammers and provide assistance when needed.
- Emphasize gentle handling of plant materials to respect nature.



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Teacher's Guide

Ages 5 - 6 Term 1 Week 4

Creativity

Explain that it's a unique art form known as Hapa Zome.

It's a fun way to make colourful art. They realised that when you press plants onto fabric, they leave behind their beautiful colors. 'Hapa' means 'leaf', and 'Zome' means 'to leave behind'.

Go on a nature walk to explore and collect a diverse range of plant materials. Discuss the importance of respecting nature.

Use plain white T-shirt. These will serve as the canvas for the art.

Use plastic cloth to prevent any damage to the plants.

Place the plant materials onto one half of their fabric, creating a "sandwich" with the fabric on top.

plant materials inside.

- Using child-safe hammers or mallets, guide them in gently tapping the fabric to release the natural colors from the plants onto their canvas. Encourage them to experiment with different materials and techniques to create unique patterns.
- Once their artworks are complete, gather the children so they can proudly display their nature-inspired masterpiece, explaining the choices they made and what they see in their design.



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- **Leafy Shape Cutting:** Once the children have collected their leaves, guide them to a comfortable workspace. Provide child-safe scissors and encourage them to cut the leaves into different shapes. Assist as needed, but promote independence.
- **Artistic Collage:** Give each child a piece of drawing paper or card. Invite them to arrange their leaf shapes onto the paper, creating their own artistic collage. They can also use crayons or colored pencils to add details.
- **Reflection and Sharing:** Gather the children to share their leafy shape collages with the group. Encourage each child to talk about the shapes they created, the colors they used, and their favorite parts of their artwork.



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**EASY TO USE
DIGITALLY**

POTION MAKING



Teacher's Guide
Ages 5 – 6: Term 3 Week 3
Creativity

CURRICULUM LINKS: Literacy: Instructions, Story Telling Science: Materials

PREP: 10 minutes **LENGTH:** 30 minutes **NUMBERS:** Individual

ACTIVITY DESCRIPTION:

In this session, your class will explore their imagination and creativity by crafting magical potions using natural materials. This outdoor lesson encourages independent thinking and expressive storytelling through the enchanting world of potion-making.

EQUIPMENT PROVIDED BY US:



Instructions
template

BENEFITS OF THE ACTIVITY:

- Fosters creativity as children invent and describe their magical potions.
- Encourages independent decision-making in selecting potion ingredients.
- Develops fine motor skills through mixing and drawing.

EQUIPMENT PROVIDED BY YOU:



Clipboards



Pencils



Natural finds

SAFETY PRECAUTIONS:

- Ensure selected natural items are safe for handling and experimentation.
- Remind children not to eat anything found in nature and wash their hands after the activity.
- Supervise the use of water to prevent spills or accidents.

EXAMPLE LESSON

POTION MAKING



Teacher's Guide
Ages 5 – 6: Term 3 Week 3
Creativity

TEACHER'S NOTES

- Commence the session with an engaging round of 'Simon Says.' However, this version is 'The Witch (or Wizard) Says'. Tell them you are casting a spell and whatever you say they must do. This classic game serves as a dynamic and enjoyable activity aimed at honing the essential skill of following instructions.
- Explain that in this session they will be making their own magic potions.
- Set children off to explore and choose different natural items for their potions. The more variety of items the better.
- Provide bowls or containers with water for mixing and let them create their magical potions. Demonstrate how they could crush some of their items using stones before adding them to the potion.
- Once the potions are made, distribute activity sheets or paper for children to describe what their potion does, what's in it, and its magical properties. This can also be done verbally in partners or small groups.
- Gather the children to reflect on their magical potion-making experience.
- Have each child share the properties of their potion and what makes it special.
- Encourage storytelling and imaginative descriptions.



EXAMPLE LESSON

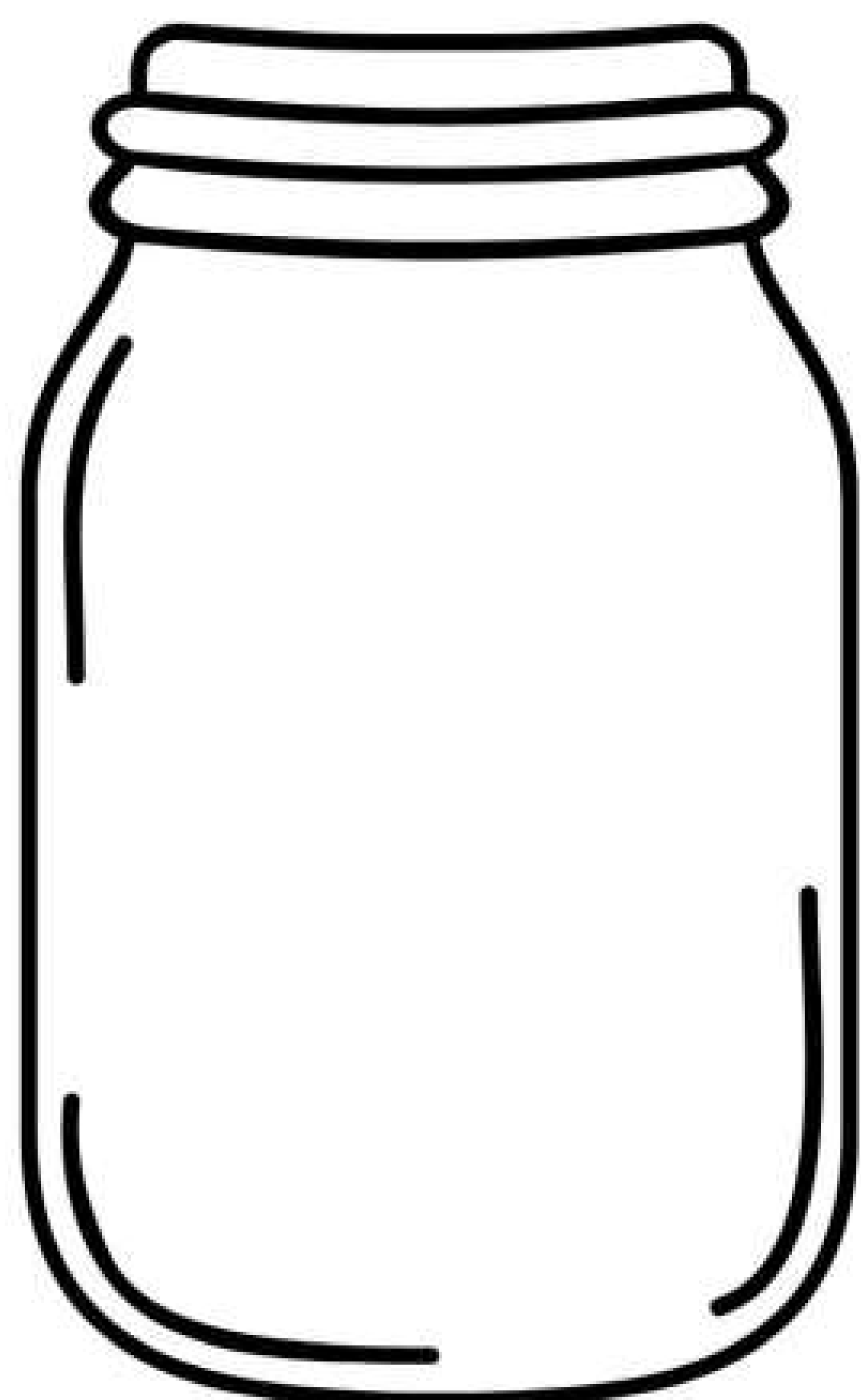
POTION MAKING



Potion Activity Sheet

Name: _____

PICTURE



INGREDIENTS

MY MAGIC POTION WILL....

EXAMPLE LESSON